

Bantaskin Blether

26th May 2023



"Beat the Street"

'Beat the Street' is now live! So - its time to be getting round the community tapping your card (or phone) at the collection points – and doing the same coming and going to school. The more you tap the stations the more points you gain meaning the more chance you have of winning prizes for yourself and the school.

**Double points
on Tuesday –
before school
and in the
evening!**



School lunches

All lunches now need to be ordered **a week in advance online for all children** – whether you are entitled to receive a free school meal or you pay for it! You also indicate on the system if your child is bringing a packed lunch with them. The structure will be as follows –

- All lunches will need to be ordered by midnight each Monday evening for the following week.
- If lunches are not ordered by midnight on the Monday then you will need to provide a packed lunch from home each day during the following week.

These orders now go direct to the school kitchen who need a week in advance to place orders for the food.

Ready
Kind
Safe

Parent Council - Fundraising

Dates to remember!

TONIGHT!

- Quiz Night – Friday 26th May
 - Pay at the door if you haven't bought tickets in advance.

Follow the Parent Council to keep up to date with the information for each of these fantastic fun AND fundraising events.

BANTASKIN PARENT COUNCIL
PRESENTS
**QUIZ
NIGHT**
FRIDAY 26TH MAY
£2 ENTRY PER PERSON
MAX OF 6 TO A TEAM
PRIZE FOR WINNING TEAM
BYOB!!
RAFFLE ON THE NIGHT

See the letter emailed for further details

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Rights Respecting Schools Award (RRSA)

This session we have been working to further develop UNICEF's RRSA across the school recognising and understanding children's rights. We will be applying for our Bronze status (and will achieve this – a huge well done to Mr Finlay and Mrs Mullen for leading this for our school) and will then be working towards planning for our Silver Status next session.

...RRSA (cont.) 2

The United Nations Convention on the Rights of the Child (UNCRC) is an international human rights treaty that grants all children and young people a comprehensive set of rights. These are the focal point for us to further develop RRSA across our school.



...RRSA (cont.) 3

One thing we would like to include as part of our development is a committee made up of staff, pupils and parents. If you would like to be part of this committee / steering group can you please let the school office know. No prior experience or knowledge of the UNCRC or RRSA is needed – just a desire to support the further development of the school.



Class Outings

Some of the classes will be making their way out and about as part of their learning prior to the end of term (cycling trips, class rewards, science visits etc.). Look out for letters coming from your child's class with further details.

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Physical activity for children and young people (5–18 Years)



BUILDS
CONFIDENCE &
SOCIAL SKILLS



DEVELOPS
CO-ORDINATION



IMPROVES
CONCENTRATION
& LEARNING



STRENGTHENS
MUSCLES
& BONES



IMPROVES
HEALTH
& FITNESS



MAINTAINS
HEALTHY
WEIGHT



IMPROVES
SLEEP



MAKES
YOU FEEL
GOOD

Be physically active

Spread activity
throughout
the day

Aim for an
average of at least

60

minutes per day
across week

All activities
should make you
breathe faster
& feel warmer



PLAY



RUN/WALK



BIKE



ACTIVE TRAVEL



SWIM



SKATE



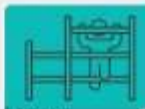
SPORT



PE



SKIP



CLIMB

Activities to
develop
movement
skills, and
muscle and
bone strength
**ACROSS
WEEK**



WORKOUT



DANCE

Get strong



INACTIVITY

Move more

Find ways to help all children and young people accumulate an average
of at least 60 minutes physical activity per day across the week

UK Chief Medical Officers' Physical Activity Guidelines, 2019

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Place2Be

Place2Be is a children's mental health charity that support children and families in person and online. Their website offers extensive support for families in supporting many aspects that concern adults in managing the modern world. Type in the link below to see what supports they have for the whole family.

<https://parentingsmart.place2be.org.uk/>

Dates for your diary!

- * P5B parents consultations Tues 30th/Wed 31st (rescheduled from before Easter)
- * Sports Day June 1st (more details have been emailed out about timings)
- * Health Week 29th May to 2nd June
- * June 23rd - End of Year Reports to be issued
- * Last day of term – Friday June 30th 1:30 finish

Information Evening School Camp (2023/2024) Wednesday 7th June at 6pm

For current Primary 6 families we will be holding an information evening to share more about 'Dalguise' and what school camp will look like for the Primary 7s next year. Children are welcome to attend this with their families. (more information will be shared shortly about this).



Ready
Kind
Safe

Classes session 2023/2024

A huge thank you to everyone for being involved in organising classes for next session and sharing the thoughts of your children with us. With all of this information and the working knowledge of the school staff (regarding friendships, groupings, class mixes of abilities, gender and relationships) we are currently working through all of this information to help re-organise the school to meet the classification as set out by Falkirk Council. We aim to have this complete within the next 2 weeks.

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